Air Capital AMBUCS



The Sonic Boom

Volume 7, Issue 12 December 2017

Inside this issue:

November Meeting with Dr. Mike

Let's Have a Party!

Air Capital AMBUCS welcomed several guests to their November 16 meeting at Old Chicago: Cass and Jessie Holmes, Stephanie Shaw, and Marie Wilson.

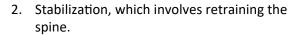
Birthdays and Anniversaries was guest speaker for the evening. He practices at Gage Chiropractic Clinic in Derby, where he focuses on a wellness lifestyle: How to Stay Young.

Dr. Mike Claassen, invited by President Jeff Harris,

Board Members and Committees

Dr. Mike outlined the three phases of treatment:







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For those who might have been put off by chiropractic adjustments in the past, he pointed out that newer technologies are more gentle.

Upcoming Events:

Football Watch/Christmas Party
- 11 am - 4 pm Sunday, December 10 -Brian's Garage, 1615
Park Place, Wichita

Holiday Runway - 6-9 pm Friday, December 15 - 1034 N Andover Road, #100, Andover





Holiday Runway Fashion Show to Benefit Air Capital AMBUCS

Anita Harris brought news that the Holiday Runway Fashion Show, sponsored by the Sami Halaseh Institute, will raise money for Air Capital AMBUCS.

The Fashion Show, 6 to 9 p.m. Friday, December 15, will focus on hairstyles and makeup. The event will include photos with Santa, holiday goodies, and \$1 raffle drawings. Bring family and friends - all ages are welcome

Air Capital AMBUCS will be providing holiday goodies for the evening. Each family is asked to contribute at least 20 snack-size bags with 2-3 cookies each. Members are asked to arrive between 4:30 and 5:30 p.m. - wearing red AMBUCS shirts - at Sami Halaseh Institute, 1034 N Andover Road, # 100 in Andover.

Plan to support this event and help promote the AMBUC mission.

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Let's Have a Party!

Air Capital is having a year-end holiday party to celebrate all our hard work and get to know each other better!

The Football Watch/Christmas Party will be from 11 a.m. to 4 p.m. Sunday, December 10, at Brian Cavin's garage, 1615 Park

Place - come and go as you are able.

Wear your holiday or football gear, and bring a \$10-value white elephant (or purchased) gift per person for the gift exchange.

Plan to bring a snack to share, and your preferred beverage. The Fun Committee is asking for RSVPs by December 5. If you know what snack you're bringing, let them know as well.





Save the Date:

The 2018 AMBUCS National Conference will be October 3-6 at the Peppermill Resort in Reno, Nevada.

Birthdays & Anniversaries

HAPPY BIRTHDAY

Judy Licklider - December 13 Linda Chappell - December 26



HAPPY ANNIVERSARY



Air Capital AMBUCS

PO Box 780392 Wichita, Kansas 67278 www.aircapitalambucs.com

Shoulders Together

Officers

President - Jeff Harris Vice President - LP Jordan Secretary - Alexis Wallis Treasurer - Linda Chappell Sgt.-at-Arms - Anita Harris

Board Members

Brian Cavin - Past President Frank Chappell Alicia Stubbs Curtis Stubbs Marian Stubbs

2017 - 2018 Committee Members

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Alexis Wallis (Co-Chair)
Frank Chappell
Eric Hensley
Tiffany Owens
Judy Pollard-Licklider
Curtis Stubbs

Fund Raising and PR Committee

Frank Chappell (Chair) Karen Blume (Co-Chair) Brian Cavin Linda Chappell Raymond Dondlinger Alexis Wallis

Fun Committee

Alicia Stubbs (Chair) Anita Harris (Co-Chair) Karen Blume

Friendship Committee

Linda Chappell (Chair) Big Hat Members





Air Capital AMBUCS December 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7 BOARD MEETING - 6 pm at Old Chicago	8	9
10 FOOTBALL/ CHRISTMAS PARTY - 11-4 at Brian's Garage	11	12	13 Judy Licklider	14	15 HOLIDAY RUNWAY - 6- 9 pm at Sami Halaseh Institute	16
17	18	19	20	21 REGULAR MEETING - 6 pm at Old Chicago	22	23
24	25 A Vio. 10 Unallos	26 Linda Chappell	27	28	29	30
New Year's Eve						